



Our Volunteers have wings



## KĀPITI EQUESTRIAN CENTRE

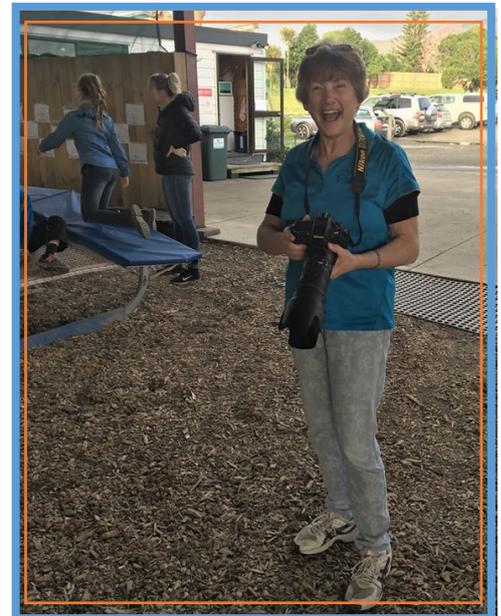
### Our Volunteer Story to celebrate Te Wiki Tuao a-Motu

As a registered charity we endeavour to serve the Kapiti Community by offering equine assist therapy to all that would benefit from it. We provide mentoring with our Duke of Edinburgh, Eagala and Pony Club programmes. Kapiti Equestrian and Vaulting Centre's ethos is to promote a healthy well-being for the Kapiti youth with vaulting and in all ages, riding for sport, health and fitness.



To our volunteers, we celebrate and applaud them. These are the most amazing and selfless of people within the Kapiti Community, who without them, we would not be able to run our therapy rides to groups such as Hohepa, The Shed Project and the many individuals in need who attend our centre.

Our therapy rides offer a safe, friendly and secure environment. People with physical, intellectual, emotional and social challenges, are empowered through building confidence, independence and a feeling of well-being through therapeutic horse riding and close interaction with the horses. This however requires a large amount of labour and supervision; more than our facility can afford to have staff for. It is in this, where our volunteers are our **superpower** and our **treasure**. In all weathers, they deal with cold, heat, dust and wet conditions to mention a few. They help maintain our paddocks, keeping them clean by raking up horse poo by the trailer load; a never ending task and not the best unpaid job in the world. Some undertake heavy manual labour jobs.



Some find a home with us providing a niche aspect, such as Val our 'official' photographer. Val volunteers her time, energy and photographic skills by providing all our vaulting teams with memorable photos of events, our riders of competition photos and fabulous family photos of time spent at our centre. Most of our volunteers help by guiding alongside our instructors with the groups and individuals who come in for therapy riding. Our volunteers inspire confidence, self-esteem, independence and well-being to everyone at the Kapiti Equestrian and Vaulting Centre. For this we gratefully thank you. **Whakawhetai tūao whanau**



**Te Wiki Tūao ā-Motu**  
national volunteer week  
21-27 JUNE 2020

## Te Hua o te Mahi Tahī

The benefit of working together

[www.volunteerkapiti.org.nz](http://www.volunteerkapiti.org.nz) | [#NVW2020](https://twitter.com/NVW2020)